

# Prevent Work Place Harassment

Workplace harassment is a zero-tolerance activity that no one should be taking a part of. The work place should be a harassment free zone, where clientele is tended to, and workers are able to be within a stress free environment

## What Is Workplace Harassment?

- Repeated verbal abuse which can be equated to derogatory remarks, insults, and inappropriate statements which includes vulgarity.
- Verbal or Physical conduct that the victim would find threatening or evoke emotions such as intimidation and/or humiliation.
- Belittling, Undermining, or sabotaging an employees work performance.
- Behavioral conduct that an individual would see to be offensive, hostile, or inappropriate.
- Bullying through threats, passive aggressive behavior, and manipulation.
- Rumors, gossiping, lying.
- Isolation, exclusion, or ignoring other co-workers.
- Threatening, physical abuse, and aggressive behavior
- Sexual harassment, stalking, personal and offending jokes.
- Invasion of individual privacy or personal belongings.
- Discrimination or prejudice based off of race, sexual orientation, gender, age, religion, age, etc.

## Know Your Laws, Know Your Bills

In the United States there are multiple workplace anti-bullying bills enacted within multiple states that are in place to prevent harassment at work. Workers are even protected from conduct that may impair the victim's physical or mental health especially when documented by a physician or expert.

## Did you know?

Most workplace harassment is never officially reported, which is egregious! Talk to your supervisors, managers, or follow the procedures in place within your work environment to report incidents of workplace bullying.